

The Hamptons Guide

As the seasons change, so do the Hamptons. The series of villages that make up the narrow tip of Long Island transform from quiet farmland to showy summer playground right around Memorial Day. Even the chefs flee hot-as-soup Manhattan and open outposts of their impossible-to-get-into restaurants in Montauk, Amagansett, Sag Harbor, Easthampton, and Southampton. While parties, pop-ups, and dinner reservations can easily eat up the whole calendar, this season, the Hamptons are slowing down—a little. Several stunning and considered new lifestyle and wellness spaces—like the Sanctuary, Shou Sugi Ban House, and of course goop MRKT—are offering a holistic antidote to all the revelry with things like sound baths, clean beauty treatments, rebound classes, and visiting meditation experts as June fades into August.

So spend all night drinking Italian reds at Paola's, downing oysters at Moby's, and dancing at the Surf Lodge. Make up for it in the morning with chia puddings at Rosie's, a workout with Tracy Anderson, a massage at the Sanctuary, and an afternoon foraging session with Cook Space. Then make yourself at home on the goop MRKT patio; take in the cool, salty air; and enjoy. Summer has come to the Hamptons.



HOME / TRAVEL / THE HAMPTONS RESTAURANTS / SAG HARBOR RESTAURANTS / LULU KITCHEN & BAR

Lulu Kitchen & Bar



ADDRESS

126 Main St., Sag Harbor

PHONE NUMBER

631.725.0900

OPENING HOURS

Mon-Sat: 12pm-11:30pm

Sun: 11:30am brunch



NEIGHBORHOOD

Sag Harbor

LOCATION HIGHLIGHTS

- Takes Reservations

CATEGORY

Brunch, Lunch, Dinner, Late night

PRICE

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