

# LONG ISLAND PRESS

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## MAIN DISH

### TRUE FOOD KITCHEN

# SOUTH FOR WINTER

BY CJ ARLOTTA

Heading south for winter is common for New Yorkers, especially those Long Islanders longing for some sand and warmer waters. But if a trip to the sandy beaches of Florida is out of the question, how about a quick commute this fall — or winter — to Garden City for a taste of summer?

"Our mission as a brand is to bring people together to eat better (or in this case to drink better), feel better, and celebrate a passion for better living," says Jon Augustin, beverage director for True Food Kitchen, known for its health-conscious fare and seasonal cocktails. He added that the inspiration for the cocktail was to transport guests to the tropics during the chilly fall and winter



South for winter cocktail.

months. "Long Islanders are all too familiar with these long and cold months to come, and south for winter is sure to brighten their days."

The ingredients in the south for winter cocktail include rum sour mix, Giffard Vanille de Madagascar, Giffard Banane du Bresil, Giffard Caribbean Pineapple, and Drake's Spiced Rum.

"The flavors mix well together for a rum-forward cocktail with fruit-infused liqueurs that balance the sweetness of the pineapple and banana, with the spice of the rum, the warmth

of the vanilla, and the subtle tartness of the fresh-squeezed lime," Augustin says.

To make the cocktail, combine all the ingredients in a cocktail shaker, fill it with ice and shake. Then pour the ingredients into a hurricane glass and garnish with freshly grated nutmeg.

"This cocktail provides a refreshing and warming little break to the tropics, the perfect mix of flavors giving our guests a taste of vacation in a glass," he says.

"So far this is one of our fan favorites as guests enjoy the final tastes and feelings of summertime!" he adds.

True Food Kitchen is located at 630 Old Country Rd., Suite 1040B, Garden City. It can be reached at 516-559-4728. [truefoodkitchen.com](http://truefoodkitchen.com)

